



YOUR Path To Abundance

**Manifest True Love,
Passion & Romance!**

Using Conscious Visualization

A 7 Day Course

By Path To Abundance, Inc.

www.YourPersonalAgreement.com

Your Path To Abundance – Manifest True Love, Passion & Romance!

Welcome to Your Path To Abundance and The Manifesting True Love, Passion and Romance Course!

Congratulations and welcome to this powerful course where you will spend 7 consecutive days manifesting love, passion and romance!

I acknowledge your courage to take action toward having the life of your dreams and I believe you'll be happily inspired to follow this easy yet profoundly rich process of visualizing each day.

Introduction

The following idea, by Dr. Denis Waitley, has been proven true by thousands of people from all walks of life as well as NASA scientists, professional athletes and physicists alike!

"When you visualize, then you materialize. If you've been there in the mind you'll go there in the body."

This course will provide you with 7 powerful days of practice so you can start designing your romantic life exactly as you want it. And when this course is over you can continue to use these tools as often as you wish!

Your Path To Abundance – Manifest True Love, Passion & Romance!

Important Keys For Successful Visualization:

In order for our visualizations to be impactful and align us with the huge, life changing results we desire, we must practice them a certain way to be sure we are engaging all the right tools and energy that will powerfully cause these changes.

We will thoroughly cover how to approach visualizing for maximum potency and reprogramming of your subconscious mind and will take all the guess work out of the process by providing you with exactly what to focus on each day, making sure your visualizations are interesting, exciting and filled with positive emotion. And this course is designed for consistent daily practice that only requires about 5-10 minutes of your time per day so you are set up to WIN with these tools!

Let's take a look at exactly how to approach the visualization process so you are sure to get the maximum possible benefit from this course.

Clarity, details, repetition and emotion are all important factors that need to be present to ensure your visualizations are powerfully effective. You've got a great start on the repetition just by doing this course! The clarity and details are important because they help you define the aspects of your perfect love life that actually create your emotions.

You want to feel as many happy and positive emotions as you can during your visualizations. This is the fuel that shifts your energy to be in alignment with what you want to create as well as reprogramming your subconscious mind to believe *right now* that these things are possible for you, thereby releasing any unknown energetic blocks you may have.

Another way to connect with your emotions during your visualizations is to engage your 5 senses while you are visualizing. What do you see, smell, hear, taste and feel while you are in this picture? Use all these tools to boost your emotions sky high as you enjoy these delicious few minutes each day.

Also be sure to always visualize in the present tense and, of course, these visualizations need to be positive! Additionally, it's vitally important that you suspend any doubt during your visualizations and do not worry about "how" these things will happen.

Your Path To Abundance – Manifest True Love, Passion & Romance!

Just have fun with the process and remember the sky truly is your only limit! Finally, please make sure you are in the picture. I remember hearing about a person who was visualizing her perfect car over and over again – the color, year, make, model, etc. but she never put *herself* in the visualization.

What ended up happening was that several people in her life (her neighbor, a friend, a coworker) all got that car! She got what she visualized but in a different way than she intended. So be sure you see yourself in the pictures.

Trust that this process is dissolving your doubts and reprogramming your subconscious mind to now believe that this goal IS possible for you! As you begin today, be inspired by these great words of Les Brown:

"You must see your goals clearly and specifically before you can set out for them. Hold them in your mind until they become second nature."

Let's Get Started!

Each day during this course, spend 3-5 minutes visualizing the different aspects of your perfect love life as outlined below. Be sure to visualize only once (or twice at most) each day. And remember, you want to keep these visualizations fresh, interesting, exciting and different so your mind doesn't get bored and wander off. If we spend more than 3-5 minutes or do them more than once or twice a day, our excitement tends to wane and our visualizations become less potent.

Also, focusing on just one aspect of your perfect love/passion/romantic life each day will allow you to really get into the details so your visualizations aren't vague (we need clarity, right?) so you'll naturally feel all the exciting emotions that go along with having your perfect love life.

Today, you will focus on Day 1 below, then Day 2 tomorrow, Day 3 the next day, etc. Enjoy this exciting process and trust that you're making huge strides in creating the love life of your dreams. You're going there in your mind now so you can go there in your body next! Have a lovely, passionate and romantic week!

Your Path To Abundance – Manifest True Love, Passion & Romance!

Day 1: Your Romantic Partner.

Who is your romantic partner? Is it someone you already know and are involved with or is it a person coming to you from your fantastic future? Perhaps you are not interested in having a relationship with another person and the one who deserves all your love energy is YOU!

Perhaps the people you want to spend your love energy on are your children or immediate family. Romance is defined in several ways. The most fitting definition of romance for our purposes in these daily visualizations is this: *love idealized for its purity or beauty.*

As you can see, this is a feeling we can have for anyone. Any and all of these possibilities for who you will share your love with in this week's visualizations are simply perfect! You get to decide and design your love life exactly as you want it. Who will you shower with all the beautiful energy of love that you have inside you?

Take 3-5 minutes to close your eyes and imagine yourself enjoying spending time with this person of your dreams (who might simply and wonderfully be yourself). What are you doing together? Maybe you are spending some cozy romantic time by a warm roaring fire.

Perhaps you are lying lazily on lounge chairs with the cool water of a pool, lake or ocean lapping at your feet. Or maybe you are spending some time quality time together in nature - napping, walking, hiking, climbing, camping, motorcycle riding with this wonderful person.

Whatever your personal idea of experiencing romance and passion is – decide how you want your visualization to look, decide who is in it with you (if anyone) and enjoy this wonderful few moments of heightened romance (remember the definition of romance above if you don't intend for this experience to be sexually oriented).

Just remember to keep it in the present tense, make sure you are in the picture, be as clear as possible with all the little details you notice (remember to use your 5 senses) and engage as many positive emotions as you can during this visualization.

Enjoy these few minutes of passion and romance!

Your Path To Abundance – Manifest True Love, Passion & Romance!

Day 2: Enjoying Passion.

So what did you end up doing yesterday with your special romantic partner (who may have been simply yourself)? Was it wonderful to feel all those delicious feelings of romance? Let's spend some time creating more passion today.

For our purposes, let's take a look at a few fitting definitions of passion so that no matter how you are approaching this week's visualizations, you are able to embrace the experiences that fit your life. Passion is defined as: *any powerful or compelling emotion or feeling, as love*. Another definition of passion is: *a strong or extravagant fondness, enthusiasm, or desire for anything (such as a passion for music, etc.)* As you can see, passion can be very easy to feel no matter how you wish to set up your wonderful future.

The possibilities are endless since you get to decide what passion means for you. Is it a luxurious bubble bath with your loved one? Is it sharing a decadent meal of all your favorite foods? Is it sharing in an experience you both love such as an opera or symphony or a motorcycle ride in the middle of nowhere? Maybe it's a passionate snowball fight that takes a romantic turn.

Now take 3-5 minutes to close your eyes and imagine yourself experiencing the tank filling benefits of passion. Enjoy these few minutes as you experience more passion than you can recall experiencing in a long time! Remember, the sky (and your own imagination) are the only limits. This experience can be as over-the-top wonderful as you wish it to be.

Perhaps you are nestled between fabulous, snowy winter mountains in a Chateau in France enjoying breathtaking views, fireplaces in every room and no one else around for miles. Maybe you are skiing as fast as you ever have down a double black diamond hill near that Chateau!

Perhaps you are passionately engaged in your favorite game such as chess or backgammon (maybe you are playing strip backgammon!). However you'd like to experience passion, do it in today's visualization and enjoy this time to its fullest!

Your Path To Abundance – Manifest True Love, Passion & Romance!

Day 3: Creating Romance.

Earlier in this visualization process you spent some time defining your romantic partner and you spent a little romantic time with them. How was that? Wonderful, I hope! Then you spent some time defining and experiencing passion – whatever that means for you since it's such a uniquely individual choice. Let's spend a little more time with romance today.

What would you like to experience more of when you think about what romance means to you? Whatever you choose is just perfect. You know yourself better than anyone! And that's the beauty of these visualizations – you get to experience exactly what you want, with no limits.

There is nothing to stop you from having things happen precisely as you wish. What a wonderful way to spend your time (not to mention reprogram your subconscious beliefs AND place your order with the Universe). You are accomplishing so much by simply closing your eyes and enjoying these few wonderful moments!

Now take 3-5 minutes to close your eyes and imagine yourself experiencing more romance today. How will your visualization begin? Where are you, what are you doing and is anyone with you? What are your surroundings?

What would be the most emotionally fulfilling for you to focus on for today's visualization? Get creative and have fun with this! Whatever ways you wish to approach romance today are great!

Enjoy this time to its fullest and feel how happy and excited you are as you imagine yourself engaged in beautiful romance! It's an incredible feeling, isn't it!

Your Path To Abundance – Manifest True Love, Passion & Romance!

Day 4: Experiencing Love With Your Senses.

Today, let's do a love creating, sense-engaging visualization!

Take a few moments to think about your own personal answers to these statements:

I love the sound of...

I love the smell of...

I love the sight of...

I love the taste of...

I love the feel of...

Now think about those answers in relation to feeling and experiencing love. Whatever it is that you love experiencing (with your 5 senses), see how you can turn that into a potent, love-filled visualization.

For example, do you love the smell of fresh, long stem, ruby red roses? You could imagine yourself receiving this wonderful bouquet and burying your nose in it as you take a deep long inhale through your nose. Do you love the smell of your child (when he/she is clean!)? Close your eyes and embrace your beautiful child in your arms as you smell his/her uniquely wonderful scent! Do you love the sight of snow capped mountains? The sunrise or sunset against the ocean? Seeing your favorite sports team WIN!

Bring any of these to mind with as much detail as you can and enjoy these fantastic moments filled with love! Do you love the feel of buttery silk against your skin? Lie in your glorious bed and wrap your entire body in your luxuriously wonderful silk sheets (maybe with your partner!)

Do you love the sound of your romantic partner's laugh? Imagine telling him/her the best joke in the world and enjoy this music to your ears. Use any or all of your five senses to experience the feeling of wonderful, delicious, rich, meaningful love.

Your Path To Abundance – Manifest True Love, Passion & Romance!

Day 4 (continued).

Take today's 3-5 minutes to close your eyes and imagine yourself enjoying all the wonderful expressions of love that you'd like whether they are with a romantic partner or by yourself. Where are you, what are you doing, who is with you (if anyone) and how many of your senses are engaged in this overwhelming feeling of pure love?

You could experience your favorite sense-engaging moments one at a time in succession (first something pertaining to sight, then sound then touch, etc.) or you could combine them into the same experience in your visualization (such as relaxing in a hot bubbly bath, eating your favorite luxurious chocolate while your partner massages your back as you listen to beautiful music.)

Whatever you choose to experience is great!

Enjoy it as it deepens your experience of love.

Your Path To Abundance – Manifest True Love, Passion & Romance!

Day 5: Showing Your Love: Physical Expressions.

How do you show/demonstrate your love to your romantic partner? Or, better yet – how do you want to show your love to them? This is all about your future, isn't it? Your past doesn't need to have any bearing on what you are choosing to create for your future, unless you like how things went in the past and wish to create more of that!

Today we are going to focus on physical expressions of love; how you show your love. Do you show it by giving sweet and wonderful gifts to your partner? Do you show it by the things you do for them; acts of service? Do you show it with a certain look in your eyes or a certain way you touch them?

How do you like for love to be shown to you? Sometimes how we give (show) love may be slightly different than we wish to receive love (it being shown to us).

For today's visualization, decide whether you wish to approach it from you giving it to your partner or you receiving it from your partner. If you are your own love, then how great for you! You get to give and receive at the same time!

Take 3-5 minutes to close your eyes and imagine yourself engaged in this beautiful physical expression of love. Are you giving or receiving love in this experience? What ways is this love being shown? Gifts? Acts? Looks? Physical touch?

Whatever allows you to feel the feelings of love as you picture yourself enjoying its physical demonstrations is just perfect. Be in the picture, pay attention to the details, engage as many deeply meaningful emotions as you can while experiencing this moment of pure love.

How incredibly fulfilling and how wonderfully fortunate you are to have so much love in your life!

Your Path To Abundance – Manifest True Love, Passion & Romance!

Day 6: Sharing Your Love: Verbal Expressions.

Similarly to the physical demonstrations of love you visualized in the last exercise, now we are going to spend some time with verbal expressions of love. Do you enjoy telling those in your life about your love for them? Is it meaningful for you when your loved ones tell you about why or how (or how much!) they love you? This brings to mind the famous poem, *"How do I love thee, let me count the ways."*

What do verbal expressions of romantic love sound like to you? How would you like to express them and/or have them expressed to you? Take some time to think about this so you are ready to immerse yourself in the most breathtaking experience of love during your visualization.

Now take 3-5 minutes to close your eyes and imagine this most perfect verbal experience of love. You get to decide who is giving and who is receiving these verbal expressions. What are the words or ideas that you've longed to hear or say most?

What is the most beautiful dialogue of someone professing their love to you (or yours to them) what is being said? How are you/they reacting to this beautiful gift? Are you/they crying tears of joy? Are you embracing one another during or after these beautiful words are being said?

Make this a memorable experience and enjoy each meaningful moment of it. You are actively bringing this beautiful love into your life with each moment of this powerful visualization.

Your Path To Abundance – Manifest True Love, Passion & Romance!

Day 7: Generously Creating The Experience Of Love & Passion For Others.

Today we are going to generously create some love and passion for others. Remember, the definitions we have been considering for passion are: *any powerful or compelling emotion or feeling, as love* and the other definition is: *a strong or extravagant fondness, enthusiasm, or desire for anything (such as a passion for music, etc.)*

It will probably be very easy to figure out what kinds of things you can do to help others experience more love and passion in their lives once you decide who you want to give this experience to (family, friends, neighbors, strangers, people less fortunate in your community or in other cities/states/countries).

Remember, these visualizations are from your future – when you have as much money as you desire and unlimited resources so you can be as generous as you want with whomever you want. It's a beautiful thing to know you can make such a meaningful difference by contributing so selflessly to the lives of others!

Certainly there are several choices for how, when and where you can generously give to or do for others. Perhaps you can give someone an entire day's shopping spree as a gift. Wouldn't they be passionately happy and love to receive that!

Or how about sending an entire classroom (or the whole school) of kids from a less fortunate area to a local amusement park or maybe a professional sporting event! They would surely feel the depths of their own love/passion as they enjoy the roller coaster rides or cheer for their beloved sports team!

Or maybe create scholarships to a music school for kids who are inspired to learn music. Whatever inspires you to let your beautiful generosity create a ripple effect as far and wide as your imagination can take it.

The possibilities really are endless. All you need to do is decide where you want to provide the experience of love and passion for others and then close your eyes, sit back and do it!

Your Path To Abundance – Manifest True Love, Passion & Romance!

Day 7 (continued).

Embrace the feelings of contentment and joy as you take 3-5 minutes to close your eyes and imagine yourself happily finding the perfect person/people who will be the recipient(s) of your lovely, passion-inspired generosity.

See yourself giving whatever you are inspired to give – whatever you feel will support others in experiencing more passion and love in their lives. Imagine the delight of the people who were in the right place at the right time to receive your wonderful kindness.

And watch in amazement as the Universe orchestrates the wonderful serendipity of these experiences for all involved and the ripple effects as the recipients of your kindness share the story of their great fortune with their loved ones.

Allow the feeling of gratitude to wash over you as you know deep in your heart how fortunate you are to be in this position of making a meaningful, lovely and passionate difference for others and our world.

Your Path To Abundance – Manifest True Love, Passion & Romance!

CONGRATULATIONS!

You did it! You've spent an entire week powerfully reprogramming your subconscious mind and sending a very specific message to the Universe about the beautiful love, passion and romance you are committed to creating! Well done!

Thank you so very much for allowing us to support you on your fantastic journey. It is our honor and pleasure to contribute to your life in a way that we hope is meaningful for you. We offer you our deepest gratitude for allowing us to energetically connect with you. We also wish you a life of love, joy, passion and abundance! After all, it's your birthright!

The lessons presented in this course are excerpts from a much larger body of work. If you feel inspired to continue moving toward your goals and dreams with our regular daily guidance, we would be honored to support you on your journey.

We've got several energy clearing, shifting and aligning courses available using powerful techniques such as conscious visualization, energetic affirmations, daily gratitude steps and more.

For more information, please visit us at: www.YourPersonalAgreement.com

**Live the life of your dreams! It's not only possible and
achievable ~ it's your birthright!**